

Measuring the Health Effects of **SPRAWL**

A National Analysis of Physical Activity, Obesity and Chronic Disease

Data from the new report by **Smart Growth America** and
the **Surface Transportation Policy Project**

MINNESOTA FACT SHEET

Sprawl Scores for Minnesota Counties

A lower number indicates a higher degree of sprawl. The mean score on the county sprawl index is 100.

Metro Area	County	County Sprawl Score
Minneapolis-St Paul, MN-WI	Isanti County	70.12
	St. Croix County, WI	76.22
	Chisago County	79.39
	Wright County	79.85
	Carver County	85.66
	Scott County	90.36
	Anoka County	95.92
	Washington County	96.80
	Dakota County	98.09
	Hennepin County	119.74
Ramsey County	123.09	

For the complete report, visit www.smartgrowthamerica.org

How Sprawl Is Related to Health for each Minnesota County

The table below illustrates the study's findings by calculating the expected impact of sprawl on the body mass index and weight of an average person (height- 5'7"). The last two columns calculate the expected impact of sprawl on the probability of being obese or having hypertension.

Metro Area	County	Expected Body Mass Index	Expected Weight	Expected probability of obesity	Expected probability of having hypertension
Minneapolis-St Paul, MN-WI	Isanti County	26.20	167.30	19.1%	24.6%
	St. Croix County, WI	26.18	167.16	18.9%	24.4%
	Chisago County	26.17	167.09	18.8%	24.3%
	Wright County	26.17	167.08	18.7%	24.3%
	Carver County	26.15	166.96	18.6%	24.2%
	Scott County	26.13	166.85	18.4%	24.1%
	Anoka County	26.11	166.73	18.2%	24.0%
	Washington County	26.11	166.71	18.2%	24.0%
	Dakota County	26.11	166.68	18.2%	23.9%
	Hennepin County	26.03	166.21	17.5%	23.5%
	Ramsey County	26.02	166.13	17.4%	23.4%

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