

Measuring the Health Effects of SPRAWL

A National Analysis of Physical Activity, Obesity and Chronic Disease

Data from the new report by **Smart Growth America** and
the **Surface Transportation Policy Project**

OREGON FACT SHEET

Sprawl Scores for Oregon Counties

A lower number indicates a higher degree of sprawl. The mean score on the county sprawl index is 100.

Metro Area	County	County Sprawl Score
Portland-Salem, OR-WA	Yamhill County	98.23
	Clackamas County	98.45
	Clark County, WA	103.44
	Washington County	108.29
	Multnomah County	131.41

For the complete report, visit www.smartgrowthamerica.org

How Sprawl Is Related to Health for each Oregon County

The table below illustrates the study's findings by calculating the expected impact of sprawl on the body mass index and weight of an average person (height- 5'7"). The last two columns calculate the expected impact of sprawl on the probability of being obese or having hypertension.

Metro Area	County	Expected Body Mass Index	Expected Weight	Expected probability of obesity	Expected probability of having hypertension
Portland-Salem, OR-WA	Yamhill County	26.11	166.68	18.2%	23.9%
	Clackamas County	26.11	166.68	18.1%	23.9%
	Clark County, WA	26.09	166.57	18.0%	23.8%
	Washington County	26.07	166.46	17.8%	23.7%
	Multnomah County	25.99	165.95	17.1%	23.2%